

# parent ed



## Raising Resilient, Successful, Less-Stressed Kids

Please join us for a panel discussion followed by a generous Q&A session with distinguished local educators to discuss some of today's most pressing questions about parenting.

- \* What is one of the most powerful tools you can give your child to succeed?
- \* What do you and your child need to thrive and stay sane in today's educational environment?
- \* What can you do to help your child develop good judgment and effective decision-making skills?

**Anabel Jensen, Ph.D.** President of Six Seconds ([www.6seconds.org](http://www.6seconds.org)); former Executive Director, Nueva School; Chair, Department of Education, Notre Dame de Namur University; Parent

**Susan Charles, Ed.D.** Past Principal, Ohlone Elementary School; Lecturer in Education, Santa Clara University; Parent

**Julie Lythcott-Haims, J.D.** Dean of Freshmen and Undergraduate Advising, Stanford University; Parent at Juana Briones Elementary

**Thursday, March 18, 7:00-8:30 p.m.**  
**Walter Hays Elementary School Library**  
**1525 Middlefield Road, Palo Alto**

Questions? Contact Hays parents  
Jennie Bernheim [jjbernheim@yahoo.com](mailto:jjbernheim@yahoo.com)  
or Lisa Waits [lisa.waits@nokia.com](mailto:lisa.waits@nokia.com)

This **FREE** parent education event is brought to you by the Walter Hays & Juana Briones PTAs